



## WEET-BIX, PEANUT AND CHOCOLATE POWER BARS

Make your own Power Bars with Weet-Bix!









EAS'

20 MINS

30 MINS

## **Ingredients**

- 4 Weet-Bix<sup>™</sup> wheat biscuits, crushed
- 1 cup cooking oats
- ½ cup shredded coconut
- ½ tsp ground cinnamon
- ½ cup chopped dried dates
- 2 tbsp Sanitarium™ smooth peanut butter (less sugar and salt)
- 125g good quality dark cooking chocolate
- ½ cup raw honey

## Instructions

- 1. Preheat oven to 160  $^{\ast}\text{C}$  and line a 20 x 30cm baking tray with baking paper.
- 2. Mix first five ingredients in a large bowl.
- 3. Place Sanitarium™ smooth peanut butter, chocolate and honey in a heavy-based saucepan over a low heat. Stir until melted together.
- 4. Pour over the dry mix and work quickly to combine.
- 5. Press into baking tray and put in oven for 30 minutes.
- 6. Remove from oven and allow to cool completely (finishing in the fridge) before cutting into bars.

Recipe provided by Weet-Bix.