



CHOCOLATE AVOCADO CAKE

This vibrant & vegan chocolate cake is sure to please!



NORMAL



50 MINS



25 MINS



12

Ingredients

FOR THE CAKE

- 1 large avocado
- 300g brown sugar
- 350g gluten-free plain flour
- 50g cocoa powder
- 1 tsp bicarb soda
- 2 tsp gluten-free baking powder
- 400mL soy milk (unsweetened)
- 150g Nuttelex (plus extra for greasing tins)
- pinch salt
- 2 tsp vanilla extract

FOR THE FROSTING

- 85g avocado, mashed
- 85g Nuttelex
- 200g vegan chocolate, in chunks
- 25g cocoa powder
- 125mL soy milk (unsweetened)
- 200g icing sugar, sifted
- 1 tsp vanilla extract

Instructions

1. Heat oven to 160C/140C fan forced. Grease the two cake tins with Nuttelex, then line the bases with baking paper.
2. Process in blender until smooth 1 large avocado and 300g brown sugar.
3. Add 350g gluten-free plain flour, 50g cocoa powder, 1 tsp bicarbonate of soda, 2 tsp gluten-free baking powder, 400ml unsweetened soy milk, 150g Nuttelex and 2 tsp vanilla extract to the bowl with a pinch of salt and process again until smooth and lump-free.
4. Divide mixture between the tins and bake for 25 mins or until fully risen and a skewer inserted into the middle of the cakes comes out clean.
5. Cool in the tins for at least 10 mins, then turn the cakes out onto a rack to cool completely.
6. Next, prepare the frosting. Beat together 85g ripe avocado and 85g Nuttelex with electric beaters until creamy and smooth. Pass through a sieve and set aside.
7. Melt 200g vegan chocolate, either over a bowl of water or in the microwave, then let it cool for a few mins.
8. Sift 25g cocoa powder into a large bowl. Bring 125ml unsweetened soy milk to a simmer, then gradually beat into the cocoa until smooth. Cool for a few mins.
9. Add the avocado mix, 200g sifted icing sugar, melted chocolate and 1 tsp vanilla, and keep mixing to make a shiny, thick frosting. Once the cakes are completely cooled, use the frosting to sandwich the two cakes together and for the top.