



# AVOCADO CHILLI & CHICKEN WRAP

A healthy and convenient lunch time meal option.



NORMAL



10 MINS



10 MINS



4

## Ingredients

- 800g Chicken strips
- 1 red capsicum, cut into strips
- 1 tablespoon olive oil
- 2 teaspoons ground coriander
- 2 teaspoons ground cumin
- 1 large avocado, mashed
- 2 teaspoons lime juice
- 4 lebanese bread rounds
- 50g baby rocket leaves
- 2 tablespoons sweet chilli sauce

## Instructions

1. Combine chicken, capsicum, oil and spices in a bowl.
2. Chargrill or barbecue chicken and capsicum.
3. Combine avocado and juice.
4. Spread bread rounds with avocado mixture.
5. Top with chicken, capsicum and rocket.
6. Drizzle with sauce and serve.